

# PLANNING **AQUA-ACTIVITÉS**

## PÉRIODE SCOLAIRE (HORS JOURS FÉRIÉS) 2026-2027

|      | 10h                                                                                  | 11h | 12h | 12h45 | 13h                                                                                 | 15h                                                                                 | 19h15 | 20h                                                                                  | 20h15 |
|------|--------------------------------------------------------------------------------------|-----|-----|-------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------|--------------------------------------------------------------------------------------|-------|
| LUN  |  ** |     |     |       |    |                                                                                     |       |   |       |
| MAR  |                                                                                      |     |     |       |  |                                                                                     |       |   |       |
| MERC |                                                                                      |     |     |       |    |  |       |   |       |
| JEU  |  ** |     |     |       |    |  |       |   |       |
| VEN  |                                                                                      |     |     |       |   |                                                                                     |       |  |       |



Circuit **Training**



Aqua**Gym**



Aqua**Power**



Aqua**Fitness**



Aqua**Bike**

\*\*conseil